



1  
00:00:00,500 --> 00:00:04,800  
[ Music ]

2  
00:00:04,800 --> 00:00:06,830  
>> It's Wednesday, June 19th.

3  
00:00:06,830 --> 00:00:09,380  
And the International Space  
Station crew members are busy

4  
00:00:09,380 --> 00:00:12,970  
taking care of the systems  
on board their vehicle,

5  
00:00:12,970 --> 00:00:15,710  
while also unloading a  
new shipment of supplies

6  
00:00:15,710 --> 00:00:19,010  
and preparing for  
next weeks space walk.

7  
00:00:19,010 --> 00:00:20,820  
Today, Commander  
Pavel Vinogradov,

8  
00:00:20,820 --> 00:00:24,410  
and flight engineer Alexander  
Misurkin kicked off the day

9  
00:00:24,410 --> 00:00:26,370  
installing a docking mechanism

10  
00:00:26,370 --> 00:00:29,300  
in the progress ship that's  
now attached to the aft end

11  
00:00:29,300 --> 00:00:31,330  
of the pier's docking

compartment.

12

00:00:31,330 --> 00:00:34,050

That's in preparation  
of the undocking

13

00:00:34,050 --> 00:00:37,960

of that progress ship  
coming up in late July.

14

00:00:37,960 --> 00:00:40,820

Vinogradov moved on to  
maintenance of the toilet

15

00:00:40,820 --> 00:00:44,500

in the Russian's Zvezda module  
and spent the rest of his day

16

00:00:44,500 --> 00:00:47,240

in other routine  
upkeep activities,

17

00:00:47,240 --> 00:00:49,380

plus of course his  
daily exercise.

18

00:00:49,380 --> 00:00:52,000

All of the station crew  
members spend a couple

19

00:00:52,000 --> 00:00:54,190

of hours each day working out.

20

00:00:54,190 --> 00:00:56,940

That's to maintain their  
overall physical fitness,

21

00:00:56,940 --> 00:00:59,480

and to fight off the  
weakening effects

22

00:00:59,480 --> 00:01:03,420  
of their prolonged exposure  
to the weightless environment.

23

00:01:03,420 --> 00:01:04,480  
Misurkin, through his --

24

00:01:04,480 --> 00:01:08,290  
the rest of his day moved  
on to join his colleague,

25

00:01:08,290 --> 00:01:11,370  
Fyodor Yurchikhin, for  
some communications checks

26

00:01:11,370 --> 00:01:13,350  
on the Orlan space suits

27

00:01:13,350 --> 00:01:17,150  
that they'll be wearing during  
Monday's Russian space walk.

28

00:01:17,150 --> 00:01:20,370  
They spent the rest of their  
day verifying the operation

29

00:01:20,370 --> 00:01:24,340  
of other systems of that Orlan  
suit -- those Orlan suits.

30

00:01:24,340 --> 00:01:28,650  
Also studying the flight  
procedures and installing tools,

31

00:01:28,650 --> 00:01:34,200  
lights, and US helmet cameras  
on their personal spacecraft.

32

00:01:34,200 --> 00:01:37,880  
They'll be going out the door  
next Monday, starting about 8:35

33  
00:01:37,880 --> 00:01:39,810  
in the morning Houston time.

34  
00:01:39,810 --> 00:01:42,970  
They're going to replace a  
fluid control valve panel

35  
00:01:42,970 --> 00:01:44,590  
on the Xaria Module.

36  
00:01:44,590 --> 00:01:48,190  
And install clamps there  
that will hold cables

37  
00:01:48,190 --> 00:01:51,140  
that will one day bring  
power from the US section

38  
00:01:51,140 --> 00:01:54,240  
of the station to the new  
Russian laboratory module,

39  
00:01:54,240 --> 00:01:57,110  
when it arrives later this year.

40  
00:01:57,110 --> 00:01:59,660  
During the space walk, the crew  
members will also be removing

41  
00:01:59,660 --> 00:02:01,350  
and installing experiments

42  
00:02:01,350 --> 00:02:04,130  
on the outside of  
the Zvezda Module.

43

00:02:04,130 --> 00:02:08,280

Monday's EVA will be the first  
in Alexander Misurkin's career.

44

00:02:08,280 --> 00:02:12,550

It will be the 6th space  
walk for Fyodor Yurchikhin.

45

00:02:12,550 --> 00:02:14,420

Flight engineers Luca Parmitano

46

00:02:14,420 --> 00:02:17,750

and Karen Nyberg joined their  
Russian colleagues for the study

47

00:02:17,750 --> 00:02:20,080

of spacewalk flight  
procedures this morning,

48

00:02:20,080 --> 00:02:22,710

after spending much of  
their morning working

49

00:02:22,710 --> 00:02:24,990

with flight engineer  
Chris Cassidy

50

00:02:24,990 --> 00:02:28,290

to unload the automated  
transfer vehicle.

51

00:02:28,290 --> 00:02:32,020

The European Space Agency  
provided vehicle delivered more

52

00:02:32,020 --> 00:02:33,820

than 7 tons of cargo

53

00:02:33,820 --> 00:02:37,290

to the station this  
past Saturday afternoon.

54

00:02:37,290 --> 00:02:40,150

Along with breaks to  
their daily exercise,

55

00:02:40,150 --> 00:02:43,180

the crew members spent their  
morning unpacking the payload,

56

00:02:43,180 --> 00:02:46,570

which includes science  
experiments and other hardware,

57

00:02:46,570 --> 00:02:49,160

as well as air and  
water and propellant

58

00:02:49,160 --> 00:02:51,380

for the station's thrusters.

59

00:02:51,380 --> 00:02:53,710

In the afternoon,  
Parmitano began a setup

60

00:02:53,710 --> 00:02:57,020

of experiment hardware that  
was just delivered on the ATV.

61

00:02:57,020 --> 00:03:01,170

The European Space Agency  
experiment called "Fundamental

62

00:03:01,170 --> 00:03:05,880

and Applied Studies of  
Emotion Stability" or FASES,

63

00:03:05,880 --> 00:03:08,330

studies the characteristics

of emulsions,

64

00:03:08,330 --> 00:03:12,260

which is usually two liquids  
that don't mix well together.

65

00:03:12,260 --> 00:03:15,500

They're looking at emulsions  
in microgravity in order

66

00:03:15,500 --> 00:03:17,870

to model the dynamics  
of the interaction

67

00:03:17,870 --> 00:03:20,450

of those two components  
with the expectation

68

00:03:20,450 --> 00:03:22,450

that those models  
can be transferred

69

00:03:22,450 --> 00:03:25,700

to industrial applications  
on earth, as well as applied

70

00:03:25,700 --> 00:03:29,710

to materials that will be used  
by future space travelers.

71

00:03:29,710 --> 00:03:33,160

Chris Cassidy and Karen Nyberg  
also had time set aside today

72

00:03:33,160 --> 00:03:36,190

to talk with students at  
the Kansas Cosmosphere

73

00:03:36,190 --> 00:03:38,370

about their mission and

what it's like to be

74

00:03:38,370 --> 00:03:41,170  
on board the station,  
using this opportunity

75

00:03:41,170 --> 00:03:45,190  
to share this space flight with  
a lot of folks on the ground

76

00:03:45,190 --> 00:03:46,450  
who don't get to make the trip.

77

00:03:46,450 --> 00:03:49,560  
The Expedition 36  
crew members plan

78

00:03:49,560 --> 00:03:53,060  
to spend more time unpacking  
the ATV through the rest

79

00:03:53,060 --> 00:03:57,040  
of this week, and completing the  
space walk preparations before

80

00:03:57,040 --> 00:03:58,770  
Monday's EVA.

81

00:03:58,770 --> 00:04:00,960  
While also turning  
more of their attention

82

00:04:00,960 --> 00:04:03,420  
to the laboratory science  
that's underway throughout this